



## **Swelling.**

**After a stroke, most survivors experience a degree of inflammation in the brain- analogous to swelling after an injury, such as the noticeably swollen lump after an injury to the arm or leg.**

**In my case, my affected hand (left) was swollen for 4-6 weeks, causing severe pain and the inability to function in therapy. Painful hot and cold baths and an edema glove were prescribed for my hand until it finally subsided.**